



**NEW  
ARRIVAL**



**FITNESS IS  
A LUXURY  
WHEN  
YOU ARE  
BUSY!**

**SX 200  
MULTIFUNCTIONAL  
TRAINER**  
[www.siitus.com](http://www.siitus.com)

**MULTIFUNCTIONAL TRAINER**



**SX 200**  
Functional Show  
Highlights

1



**Close grip  
front Lat  
Raises**

2



**Calf Raises**

3



**Behind the Head  
Lat Raises**

4



**Arm Curls**

5



**Wide Grip  
Cable Rows**

6



**Front Lat Raises**

7



**Close grip  
Under Hand Grip  
Lat Pull Downs**

8



**Lunges**

9



**High Cable  
Single Arm  
Curls**

10



**Close Grip  
Isolateral Shoulder  
Press**

11



**Flat Bench  
Isolateral Chest  
Press**

12



**Shrugs**

**TUBE SIZE:** Q235 3 MM THICKNESS PIPE.

**MACHINE SIZE:** 1750 x 1700 x 2200 mm

**BEARING WEIGHT:** Stainless Weight Bar  
Bearig Weight: 200kgs  
Each side can put 4PCS  
weight Plate

**PIPE:** 50 x 80 mm



POWER HEALTH Fitness Equipments  
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Authorised Dealer

**SX 200 Multi Functional Trainer**